

Hike Southbound

Crosstown Trail Hike Cue Sheet, Southbound

Section 5 - Hike South

Lands End to Geary and Park Presidio

3.9 miles / 550' elevation gain

- Section 5 South starts at ocean side of Lands End Lookout visitors center (**Restrooms**, water, cafe, info).
- Walk along concrete promenade,
- The promenade will become a wide dirt path. About 50 yards further, turn left at sign for Coastal Trail.
- Follow Coastal Trail 1.4 miles to Eagle Point.
- Turn left on near sidewalk of El Camino del Mar.
- By staying on left sidewalk, at one point you will seamlessly be walking along Seacliff Avenue. (Note: While walking along Seacliff, you will come to a brown sign on the left with an arrow pointing to "Public Beach." This road leads down to China Beach where **Restrooms** are available.)
- Continue to follow Seacliff and turn left on 25th Ave. North, a street labeled "Dead End."
- Walk down 25th Ave. North about 50 yards.
- Turn right at location of three palm trees and walk through black entry gate to Baker Beach.
- At bottom of stairs, do not descend to Lobos Creek and Baker Beach but take an immediate right with your back to the beach and follow the very narrow sandy trail that is directly adjacent to the high fence around the red brick building. (Note that there are **Restrooms** in the Baker Beach parking lot.)
- The narrow trail will soon become a wide trail. Ascend straight until it arrives at the intersection of Lincoln Blvd. and Bowley.
- Cross Lincoln Blvd at the crosswalk and walk about 10 yards up Bowley sidewalk on left of Lobos Valley Informational Kiosk.
- Turn right onto the boardwalk of Lobos Valley Creek Trail.
- Follow the boardwalk to end, and walk up a few stairs.
- At top of stairs, turn right on to the sandy Lobos Creek Valley trail
- Follow the sandy trail until it meets a multi-use asphalt path (Anza Trail) paralleling Wedemeyer Street.
- Turn right and follow Anza Trail along the west side of a parking lot and past the Lobos Valley Lookout on your right.
- Bear right just beyond the parking lot. Cross the first street (15th Ave.)
- Turn right at the second street (14th Ave) and exit the Presidio.
- Turn left at the next street (Lake Street)
- Cross Park Presidio Boulevard. Then cross Lake Street..
- Walk south along the wide dirt/gravel path of the Park Presidio Greenway which begins at southwest corner of Lake and Funston.
- Continue along the Greenway by crossing California and Clement Streets at traffic lights
- Section 5 ends at Geary Blvd. and Park Presidio Blvd.

Section 4 - Hike South

Geary and Park Presidio Blvd. Across Golden Gate Park to Judah and 16th Avenue

2.3 miles / 230' elevation gain

- Section 4 South begins at southeast corner of Geary and Park Presidio Blvd.
- Proceed down Presidio Greenway, crossing stoplights at Anza, Balboa, and Cabrillo until you arrive at the end of the Greenway at Fulton.
- Cross Fulton and follow asphalt path through Rose Garden.
- Cross John F. Kennedy Jr. Drive and turn right on sidewalk.
- Walk uphill at the first asphalt path on your left.
- Walk past fence protecting small gardener's shed on your left. About 50 yards farther, at the crest of the hill, turn right on gray-gravel path that veers off on right.
- Descend dirt path that will soon flatten out as it borders Pioneer East Meadow on right.
- Continue straight across T-junction with another dirt trail. When trail goes behind Log Cabin, pass another junction; bear right uphill on the main path.
- Turn left on asphalt path and then proceed across crosswalk across one-way Stow Lake Drive East. Continue straight on sidewalk as it ascends west toward Stow Lake Boat House.
- Opposite restroom, walk left up very short asphalt road going past Boat House on its east side.
- Turn left at Stow Lake and follow asphalt trail along shore until you arrive at the gray cement Roman Bridge.
- Cross bridge, turn right, and follow path along shore.
- At Y junction, bear right and continue along shore.
- When you arrive at brick and stone Roman Bridge, walk across and turn right.
- Descend first asphalt path on left, going south.
- Cross Stow Lake Drive and continue to descend.
- Just after you pass restroom on left, turn right sidewalk, walk about 50 yards to first intersection, cross Martin Luther King Jr. Drive, and follow asphalt path to exit Golden Gate Park through Breon Gate to Lincoln Way.
- Cross Lincoln and walk up 19th Avenue one block to Irving.
- Turn left at Irving and walk three blocks east to 16th Avenue.
- Turn right at 16th Avenue and walk one block south to Judah where section ends. (Outbound N Judah boards here, Inbound N Judah boards one block east at 15th Avenue.)

Section 3 - Hike South

Judah and 16th to Forest Hill MUNI Metro Station

2.1 miles - 650' elevation gain

- Section 3 South begins at intersection of Judah and 16th Avenue.
- Walk one block south up 16th Avenue and ascend stairway that begins at Kirkham.
- At top of staircase, turn right on 16th Avenue and walk two blocks and ascend Moraga Stairs which you will find on your left.
- Turn right at top of stairs and ascend stairs in front of you across street.
- At top of stairs, turn right, cross street and ascend stairs visible on left to enter Grand View Park.
- As you approach top of stairs bear right where stairs go in two directions.
- At top of stairs, walk a few steps to your left to reach summit and enjoy the view.
- Return to trail, turn left and walk around hill to east side and descend stairs.
- At bottom of stairs, turn right on first sidewalk you come to (14th Avenue).
- Continue along 14th Avenue past Noriega, Ortega, Mount Lane, and Ortega Way keeping Rocky Outcrop on your left.
- Ascend 14th Ave. at Pacheco. (Do not go up Pacheco Stairs on left.) Stay on eastern sidewalk of 14th Avenue.
- Cross Radio and continue along 14th Avenue on eastern sidewalk.
- At crest of 14th Avenue turn left on Quintara.
- Walk up Quintara two blocks and turn right on 12th Avenue.
- Turn left on 9th Avenue and remain on sidewalk on right past where 9th Avenue divides in two streets at dip of hill.
- Descend staircase just past 2242 9th Avenue.
- Turn left at bottom of stairs at first sidewalk (San Marcos).
- Walk about 40 yards past #150 San Marcos and descend staircase bearing right as you descend.
- At bottom of stairs turn left and walk a few yards to Castenada.
- Turn left on Castenada and walk uphill.
- Descend staircase adjacent to #249 Castenada.
- Turn left on Magellan at bottom of stairs.
- Follow Magellan one block to greenway opposite Sola Avenue
- Turn right on greenway path and descend a few stairs on left to arrive at Forest Hill MUNI Metro Station on Laguna Honda Blvd. where section ends.

Section 2 - Hike South

Forest Hill MUNI Metro Station to Glen Park BART Station

3.1 miles / 470' elevation gain

- Section 2 South starts in front of Forest Hill MUNI Metro Station.
- Cross Laguna Honda Blvd. at traffic signal in front of Muni station, turn right and ascend staircase under arch labeled "Laguna Honda Hospital and Rehabilitation Center".
- At first staircase landing, bear left onto broken concrete pathway, then turn left onto dirt trail, then immediately turn right onto dirt trail.
- Continue on trail and follow it to an intersection near a parking lot. Turn right on trail..
- Where trails merge, continue straight..
- When you reach flat open space behind Laguna Honda Hospital, bear left to follow the trail as it snakes up hill.
- At the top of hill, you will arrive at driveway between old and new hospital complex. Turn left, following edge of employee parking lot.
- Pick up trail to left of stop sign along curb. Follow trail uphill to Panorama (Note: Multiple trail options will all reach Panorama.)
- Turn right on Panorama and follow sidewalk to Twin Peaks Blvd.
- Turn right and follow sidewalk to junction at Portola. (Note: Here Crosstown Trail crosses Bay Area Ridge Trail.)
- Turn left and walk east on Portola sidewalk to first stoplight at Glenview.
- Cross Portola, and follow trail on right side of large Rec and Park sign.
- Follow the arrows that direct you to Recreation Center
- After the trail widens into a dirt road, you will reach a fork with a map. Stay to the left and follow the roughly level path along the left of building (the Rec Center) and continue on the concrete path. NOTE: The Rec Center has **Restrooms**.
- When the path reaches a city street (Elk), turn right walk down to Chenery crosswalk.
- Cross to the other side and continue down Elk a few yards to Paradise.
- Left on Paradise and walk one block to Burnside.
- After crossing Burnside, turn right, walk a few yards up sidewalk and turn left on the dirt path of Glen Park Greenway beginning in between last two houses on street.
- Take Glen Park Greenway straight three blocks to trailhead sign at Brompton and Kern.
- Walk down Kern to Diamond, turn right and walk a few yards to Bosworth
- Section ends at Diamond and Bosworth, across from Glen Park BART Station.

Section 1 - Hike South

Glen Park BART to Sunrise Point/Candlestick Point State Recreation Area
5.6 miles / 650' elevation gain)

- Section 1 South starts at intersection of Bosworth and Diamond, at Glen Park BART.
- Ride East (downhill) on Bosworth St. Proceed to NE corner of Bosworth and Diamond. Head east (downhill), on north (left) sidewalk.
- Cross Mission. and continue on Murray..
- At dead-end of Murray, enter St. Mary's Recreation Center. (**Restrooms** in rec center.)
- Turn right and walk down service road, passing children's playground, dog park, and path to Alemany Farm on your left.
- Cross Hwy. 280 on St. Mary's Park Footbridge.
- Turn left on Cambridge.
- Continue on Cambridge as it curves right and heads south.
- Cross Silver. and continue on Cambridge.
- Turn right on Bacon..
- At Oxford, bear left to enter McLaren Park on paved path at Yosemite Marsh. Bear left, passing **Restrooms**, past a basketball court, and up short steep hill.
- Bear left and left again on the paved path.
- Exit trail at Cambridge; turn right and cross John F. Shelley Dr.
- Pick up trail on other side of Shelley Dr.
- At next fork, continue straight. You are now on Philosopher's Way; follow arrows on granite markers.
- Follow trail as it curves left, past caretaker's cottage and signs for Jerry Garcia Amphitheater on right (**Restrooms** at Amphitheater).
- Cross Shelley and continue on trail as it curves to right, following Philosopher's Way arrows.
- After a stretch of boardwalk over wetland, trail heads uphill. (Note: **Restrooms** visible near tennis courts.)
- Cross Mansell.
- Turn left and cross Visitacion to pick up trail and bear right, heading southeast.
- Proceed to four short granite pillars with Philosopher's Way and view info.
- Turn right to take trail downhill, along several stairways, and exit McLaren Park at Ervine and Wilde.
- Continue east on Wilde.
- Turn right on Delta.
- Turn left on Tioga.
- On the south side of block, turn right into Visitacion Valley Greenway, Native Plant Garden.
- Turn left on Tucker..
- Turn right on Rutland; pass Greenway's Agricultural Lot (gated) on right.
- Turn left on Campbell and cross to south side.
- Turn right into Greenway's Children's Playground.
- Turn left on Teddy and cross to south side.
- Turn right into Greenway's Herb Garden.
- Cross Arleta, and continue into Greenway's Community Gardens.
- Cross Raymond and continue into Greenway's Hans Schiller Plaza.
- Exit Greenway at Leland.
- Turn left on Leland.
- Cross Bayshore at stoplight and turn left.
- Turn right on Blanken, opposite SFMTA T-Line Arleta stop. You are now in Little Hollywood neighborhood.

- After crossing Gillette, continue through tunnel on north sidewalk.
- Emerge from tunnel and bear left on Executive Park Blvd.
- Opposite white gates, Executive Park Blvd. curves to the right; take it down to Harney Way.
- Cross Harney Way to enter Candlestick Point State Recreation Area.
- Turn left on wide dirt trail.
- Continue on trail, past **restrooms** and parking lot.
- Trail drops down to rocky shoreline for a short stretch, then becomes dirt again.
- Cross wooden footbridge and continue.
- Past a parking lot and **Restrooms**, turn right on paved trail at Pelican Group Picnic Area, heading east.
- Continue east as land becomes narrow spit, with views of water on both sides.
- Section ends at paved roundabout at Sunrise Point. (**Restrooms**, picnic tables, fishing pier, campground by reservation.)

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